



Healthy Communities Coalition (HCC) Minutes
Aug. 12, 2010
Silver Springs Community Center, Silver Springs, NV

In Attendance: See attached sign in sheet

I. Introductions and Announcements

Lyon County Sheriff and HCC board member, Allen Veil: the dept has been busy.

Mitzie Going, **XL Hospice:** Training for Hospice volunteers will be at the Yerington Catholic Church, please call 423-9511 for more info about upcoming trainings.

Connie Torres, **Fernley Community Health Nurse:** the new are located near the Fernley bowling alley until Oct. 1 while the offices are being remodeled. TDAP for adults is available through special funding for \$20 at all community health offices in Lyon. Torres noted that the community health nurses want to partner closely with the Coalition to promote community health services information. The Coalition staff will help with services information outreach to schools, day care centers, seniors, etc.

Stormie Atkinson, Dayton **Stand Tall:** has been in the peer to peer ATOD prevention and leadership group for 7 years (the group is funded through HCC, and Stand Tall teams exist at high schools throughout Storey and Lyon). Stand Tall teams would like to make an impact on the broader community as well. Stormie recently took an advocacy training at Lake Tahoe, and is on the advisory committee for Nevada Prevention Resource Center (www.nevadaprc.org). Her favorite project is the “Every 15 Minutes” event, which is held every four years (including spring 2011). The event includes a DUI crash simulation to demonstrate the dangers of drunk and drugged driving, and will involve local first responders, special speakers from families of DUI victims, etc. She also likes the annual “Kick Butts” tobacco use prevention activities. The Dayton Stand Tall has 500 Facebook and MySpace members. Regionally, the Stand Tall teams will be hosting Red Ribbon Week drug prevention activities, Drunk and Drugged Driving prevention campaigns, “Every 15 Minutes” events, participating in community events such as Dayton Valley Days, food drives and toy drives, hosting concession fundraisers at some sports games, updating social media outreach, making videos for schools on ATOD prevention, etc. The regional coordinator for all Stand Tall teams is Lavurne Jeffreys (246-7550)

Donna Alexander, **Central Lyon Youth Connection and HCC Board and veteran:** selling raffle tickets for injured local soldier. Contact Donna for details.

Also, Soroptimists have developed a 5th -8th grader program to prevent stranger abduction and will host a presentation on it at Dayton Valley Nursery on Tues, Aug. 17 at 6pm. They will offer it to Lyon Schools.

Darren Anderson, **State Mental Health:** the clinic has added 8 hours to pediatric psychiatrist to serve the Lyon region. Administration met with Lyon Sheriff last month and added some funding for police staffing and transportation involving mental health emergencies in the area.

Peggy Edwards, “S” Club, Silver Stage Task Force, CLYC and **Project Success:** 6th year for Project Success, but only there 3 days per week due to funding cuts.

Mary Boettcher, CLYC, HCC, **EUDL, Silver Stage Youth Organization:** SSYO is sponsoring Festival of the Springs this Sat. at 9am to 9pm. Please come for fishing derby, pony rides, sand castle building and horseshoe contests, music, boat safety booths, etc. This is a fundraiser and awareness event for SSYO’s purpose of bringing a youth community center to Silver Springs. The hope is that it will evolve into an annual event like Night in the Country and could raise operating costs for a future SS community center. There will be an Aug. 17 meeting with with State of NV Dept of Corrections regarding the \$197,000 from Senator Reid’s office for the community center, and the possibility of leasing the former women’s prison and renovating it as a community center.

Quest Lakes, **HCC Task Force Coordinator:** Yerington will host it’s first Walk in Memory suicide prevention community event on Sept. 11. September will be Alcohol and Drug Recovery Month. YHS will host the 2nd annual FASD “pack the track” event for FASD awareness on Sept. 9. Coalition members are invited to join the walk at 9:09am at the YHS track, then continue with the HCC meeting at the Boys and Girls Club. The Sept. HCC meeting will include the Military Community Covenant for the Lyon region.

Omar Mewborn, **Army OneSource, Community Support Coordinator:** there are more on line classes on behavioral health and soldier/veteran issues. Contact Omar for details. You can also contact Omar with questions about qualifications for V.A. mental health services and he can refer you to various resources and information. During the upcoming Military Community Covenant in Yerington on Sept. 9, the color guard will be there, as well as State, local, and military officials.

Stacey Belt, **Emergency Preparedness:** working from a public health perspective on emergency preparedness in our area as well by working closely with Lyon County to provide training, such as hazardous materials training

Tamara Burnet, **Community Chest, Inc (CCI) of Virginia City:** In School and Out of School youth programs are available. The group went to Sand Harbor for a field trip yesterday. It has been a real treat this year to work with very focused teens. There are still

8 positions for out of school youth ages 14-21. The program helps them with GED, leadership, job skills training, life skills, etc.

Darren McKay, **CCI:** involved in planning for 4C at Silver Springs (somewhat like “If you really knew me” on MTV) Meeting is today at 11am at Silver Springs Middle School. The Rural and Urban Social Justice Institute by CCI will be at UNR on Sept 17 and features Christy McGill, Barbara Buckley and Jan Gilbert as speakers.

Jeff Davis, **counselor in private practice, HCC board member:** has a new assistant at Children and Family Counseling and offices in SS and Fernley. He is also a consultant for WNRYS (Western NV Regional Youth Center in SS)

Jennifer Kersten, Lyon **Employment Partnership:** case management, re-entry, employment, etc. The program is placing about 40% of participants.

Christy McGill, **HCC Director:** asked agencies to pledge what they can do to add additional support for military families and veterans. Regarding the upcoming Social Justice presentation, Lavurne and Cora Jeffreys have been taking photos and organizing them into a slide show presentation. Christy will stress that positive community change happens through small acts that build to something greater, and will highlight volunteer contributions, and the work above and beyond duty that police officers, Lyon Human Services, and Office of Suicide Prevention provides (for instance, Tamie MacDonald at LCHS recently went well above and beyond her work hours to find housing for an ill homeless woman found along the roadside in Lyon County). Asked members to send Freida Carbery, who lost her daughter last week, their love and prayers.

I. Notes from Aug. 11, 2010 HCC Board, Staff, Task Force leader annual planning:

Legislative outlook from the rural point of view: Christy asked Coalition members to let her know if they have specific requests on specific issues. HCC staff can invite legislators to Coalition meetings to address issues. Stressed that we need to be proactive and prepared if rural mental health experiences more cuts, etc.

Shared Resources Goal: Think creatively about possibilities for shared space among agencies

Marijuana: “legalize it” group isn’t putting much funding into the NV campaign, but we will still pay attention to the issue as a Coalition.

Suicide Prevention: Coalition will continue to coordinate suicide prevention training and info campaigns and staff continues to write for additional grant funding. Kathy McKnight at JOIN has connected with Misty at Suicide Prevention for future staff training in referring/ responding to clients with signs of depression, etc.

Schools: The schools’ leadership throughout the District is outstanding, and the School District goal is to be the best in the state. Coalition will work with them

wherever possible to support strategies to keep kids in school, to increase graduation rate and career training, etc. There is willingness to look at ideas such as mental health, primary health centers at schools, and creative ways to improve school lunches. Christy urged members to think of ways to support schools in these goals whenever possible.

Seeds of Hope Campaign for Recovery: previous meth campaigns successfully helped reduce teen use, but some older adults previously addicted are using again. Next push will be to get those people into treatment. Fallon has a fabulous New Frontier treatment center. One Coalition goal is to refer more people to treatment, especially pregnant women. See www.newfrontiernv.us or call 1-800-232-6382 for more information.

The Groupery: The Coalition staff will begin using new technology called The Groupery to help track available services so that members can more easily find resources.

I. Special Presentation On Synthetic Cannabinoids (Spice) by Christy McGill (using presentation materials from Douglas County):

K2 or Spice contains HU-210 or HU-211, etc. that mimics THC. It is being sold as incense or herbal smoking blends, and although labeled “not for human consumption”, it is being used by some teens. Smoking Spice gives the user a similar experience to smoking cannabis and lead to feelings of relaxation or even euphoria. Other less pleasant effects may include a raised pulse rate, dry mouth, lowering of inhibitions, dizziness, agitation or paranoia. Contact Christy if you’d like this presentation for your group. About 30 states have laws and regulations against its sale.

Next Meeting: The next Coalition will meet Thursday, Sept 9, at 9am at the Mason Valley Boys and Girls Club gym. Coalition members are invited to attend the YHS FASD “pack the track” event at 9:09am, then return to the gym for the regular meeting and followed by the Military Community Covenant ceremony. (meetings are always 2nd Thursday of each month at 9am).